

# INSTRUCTIONS FOR USE

Wrist splint

Wrist splint with thumb

Product code: ManuTim/ManuTim Plus



## 1. Characteristics

Wrist splint is made of breathable material with perforation (place for the thumb) and light aluminum splint which strengthens and stabilizes the wrist joint from palmar side. Elastic bands and straps provide a snug fit of the stabilizer and firm immobilization.

## 2. Application

Wrist splint is used to immobilize wrist in functional position ensuring full movement in metacarpophalangeal and interphalangeal joints. The stabilizer relieves wrist bones, joint capsules and tendons.

### Indications for use:

- Peritendinitis
- Carpal tunnel syndrome
- Degeneration of wrist joint
- Twists and dislocations
- Overload arthropathy
- After removing plaster cast

### Contraindications:

Do not use in case of:

- Skin abrasion
- Eczema
- Wound and other skin injuries
- After application of warming gel or rub
- Individual contraindications which were determined by the doctor during interview and physical examination

### 3. Notes

**Timago International Group does not bear responsibility of improper maintenance of the product, failure to comply safety regulations and misuse.**

### 4. Fitting instruction

- Place hand into the stabilizer so that the immobilizing splint is located on the palmar side and the thumb passes through the perforation, while velcro straps are on dorsal side.
- Adjust and fasten the circumferential strap.
- Fasten the thumb, then cut the velcro to the desired length (ManuTim Plus).

**Note!** Circumferential straps stabilize the splint and reduce or increase pressure force. Fasten the straps in such a way that they do not cause significant impairment of blood flow within the hand and do not bruise the fingers.

### 5. Technical data

- The wrist splint (ManuTim) is available in a universal version. The wrist can be used interchangeably – it is designed to stabilize the wrist on both right and left hand.
- The wrist splint with thumb (ManuTim Plus) is available in two versions: for left or right hand. Both versions are designed to stabilize the wrist on the side for which they have been anatomically formed. They can't be used interchangeably.

SIZE	WRIST CIRCUMFERENCE (cm)
S	14-17
M	18-21
L	22-25

## 6. Storage and transport conditions

The product should not be exposed to water or moisture.

## 7. Warranty information

All products distributed by our company are covered by a warranty, the terms of which are described in the warranty card available on our website. Please contact the retailer from whom you purchased the product. Please, keep in mind that for warranty purposes, the proof of purchase (receipt or invoice) should be retained.

## 8. Labels

	Reference number		Manufacturer
	LOT number		Manufacture date
	Serial number		Medical device
	Note		Please read the instruction
	The manufacturer checked for compliance with essential medical devices requirements.		

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